

19 Jul - Learn a few phrases in French and Flemish, such as "I need a policeman, doctor, etc."

20 Jul - Be as unpredictable as possible in your actions. Vary routes and schedules to keep criminals and terrorists guessing as to what you'll do next.

21 Jul - Be aware of the security atmosphere in the area where you live and work. Watch local news, visit Department of Defense websites for up-to-date information, and pay attention to any warnings.

24 Jul - Maintain a low profile; do not advertise your military affiliation.

25 Jul - Always let a family member or trusted friend know when you will be leaving, how long it will take you to get to your destination, and where you can be reached.

26 Jul - Memorize or keep with you at all times key numbers for emergencies, and have enough change to use a pay phone.

27 Jul - Know the full street address of your home, and how to pronounce it. In case you ever have to call for help, you will need it.

28 Jul - Keep doorways and pathways around your home well lit.

31 Jul - Don't display your name or rank outside your home, and keep those American flags and symbols indoors.

1 Aug - Keep outside doors locked, even when you are inside.

2 Aug - Brace the track of your sliding glass doors with a piece of wood, or double lock them.

3 Aug - Lock your windows at night and when away, use the security shutters if installed on your windows.

4 Aug - Don't hide spare keys outside your home--instead give them to a trusted neighbor.

7 Aug - Don't mark your keys with your name, address, or other information that can identify you.

8 Aug - When leaving your home, keep a light or a radio on.

9 Aug - Have emergency numbers and names ready and by the phone.

10 Aug - Destroy all envelopes, bills, or other items that show your name, rank, or other personal information before throwing away. Better yet...shred!

11 Aug - Don't answer your home telephone with your name and rank, and never let a caller know if you are alone in the house.

14 Aug - When approaching your car, walk with your vehicle keys in your hand ready to use.

15 Aug - Keep your vehicle well maintained and your tank at least half full at all times.

16 Aug - NEVER leave your car running when you are not in it--even for a moment!

17 Aug - Perform a quick check of your vehicle exterior and interior before unlocking. Look for any signs of tampering. If something appears suspicious, notify the police--stay away from the vehicle until it is determined to be safe.

18 Aug - When traveling, don't bring anything you would hate to lose. Leave at home: valuable or expensive-looking jewelry; irreplaceable family objects; all unnecessary credit cards; Social Security card, library cards, and similar items you routinely carry in your wallet

21 Aug -The Dept of State's Consular Information Sheets are available for every country of the world. They describe entry requirements, currency regulations, unusual health conditions, the crime and security situation, political disturbances, areas of instability, and special information about driving and road conditions. They also provide addresses and emergency telephone numbers for US embassies and consulates. In short, they describe conditions so travelers can make informed decisions about their trips

22 Aug - Security: In some dangerous situations, the Dept of State recommends that Americans defer travel to a country. In such cases, a Travel Warning is issued for the country in addition to its Consular Information Sheet

23 Aug - Public announcements are issued when there is a perceived threat, even if it does not involve Americans as a particular target group. In the past, Public Announcements have been issued to deal with short-term coups, pre-election disturbances, violence by terrorists and anniversary dates of specific terrorist events.

24 Aug - When you leave the United States, you are subject to the laws of the country you visit. Therefore, before you go, learn as much as you can about the local laws and customs of the places you plan to visit. Good resources are your library, your travel agent, and the embassies, consulates or tourist bureaus of the countries you will visit. Also, keep track of media reports about recent developments in those countries

25 Aug - When traveling abroad, use the same common sense that you would at home. Be especially cautious in or avoid areas where you are likely to be victimized, including crowded subways, train stations, elevators, tourist sites, market places, festivals and marginal areas of cities.

28 Aug - Don't use short cuts, narrow alleys or poorly-lit streets. Try not to travel alone at night

29 Aug - Beware of pickpockets. They often have an accomplice who will: jostle you; ask you for directions or the time; point to something spilled on your clothing, or distract you by creating a disturbance

30 Aug - Keep your hotel door locked at all times. Meet visitors in the lobby.

31 Aug - Do not leave money and other valuables in your hotel room while you are out. Use the hotel safe